

Ghana summary, written by Akwaaba Volunteers

After receiving our NDT volunteers at the beginning of 2019 we saw a massive rise in participation in netball in schools and commitment from the teachers that were involved in the sessions. We visited 2 schools each month to join their coaching sessions and catch up with the girls and the coaches.



We hosted a 'Kicking Off' netball tournament in June 2019 and invited 250 girls from 12 different schools to compete; LA Yahoshua won the cup.

In September 2019 we were invited to the inter school netball games to help umpire and watch the girls play. 10 different schools participated, and it was really nice to see the coaches organising their own games, setting up a competition with marking the pitches, umpires etc. From the donations brought by NDT we were able to donate netball dresses to the top 3 teams and balls to all the schools that came.



In October 2019 we hosted our final 'Kicking off' tournament of the year and invited 12 schools (this included the top 3 and then 9 new schools). LA Wireless won the trophy for the 3rd time.

This month we also delivered a "train the trainers" session to 25 teachers in Kawhu

area, to spread the programme there.

Having regular competitions kept the coaches motivated and the girls improved massively. In February 2020 when schools opened we arranged to host a school league between school circuits (6 schools) that can be played every week but this was suspended due to Covid.

Schools closed from March 2020. We were able to provide some of the neediest players with food packages during the lockdown in Ghana in March to help alleviate some of the financial burden on the families.